

**The Crime Victims' Center of Chester County, Inc.**  
**Elementary School Bullying Programs**

*Kindergarten through second grade programs are presented using a primary prevention approach, which involves teaching and encouraging welcoming behaviors to prevent bullying before it starts. While bullying is not the main concept discussed in the programs, strategies students can use to deal with a bully are presented. Third through fifth grade programs address conflict resolution strategies and the importance of bystanders in bullying situations.*

*Each student will receive a handout that reinforces key concepts explored through the program.*

**Kindergarten**

Students will participate in an introductory discussion on welcome and unwelcome behaviors. A storybook will be used to show young children how the choices they make affect the relationships they have with their peers. The story illustrates that poor choices negatively impact others, while good choices develop healthy friendships. Students will then explore the ways in which their choices affect the feelings of others. Finally, students will participate in an activity during which they identify kind behaviors that good friends demonstrate.

**First Grade**

Through discussion and story-telling, positive interactions that can lead to a safer school community are presented by demonstrating the impact a student's choice can have on classmates. Presenters reinforce that there is no such thing as a bad person, just a person who makes a bad choice. As a follow-up activity, students will listen to short scenarios and decide whether the children involved are making good or bad choices. A coloring activity will be completed as the scenarios are read.

**Second Grade**

After an introductory discussion on welcome and unwelcome behavior, students will listen to a story that focuses on friends while addressing stereotypes and gender bullying. Students will learn how their choices and actions affect others on a daily basis. In addition, they will discuss strategies for helping a friend who is getting hurt by another student. Following the story, students will participate in a game in which they actively respond to friends in need. As the students model friendly behavior, they will advance in the game.

**Third Grade**

Students will identify physical, visual, and verbal examples of bullying. Group discussion will explore why a person might make hurtful choices, as well as the significance of the reactions of both the victim and the bystanders. Students also learn effective strategies for dealing with bullying situations. Finally, students will practice the strategies while engaging in an interactive game.

### **Fourth Grade**

Students will participate in a question/answer game exploring the types of bullying addressed in previous years. They will also consider new concepts such as gender, social, and cyber bullying. The game is the framework for discussion on a variety of topics, such as why a person chooses to bully, the role of bystanders in bullying situations, and strategies for anyone who is getting hurt by a bully.

### **Fifth Grade**

As students get older, it is important for them to be creative when not only dealing with a bullying situation but with conflict in general. After a broad overview of bullying, the fifth grade program introduces a series of conflict resolution strategies designed to teach students effective ways of handling conflict. The students will participate in a game in which they use the strategies to resolve conflict scenarios they may face during the school day.