PIAA Guidelines for the Comprehensive Physical

Overview:

The PIAA will only accept the PIAA Comprehensive Initial Pre-Participation Physical Evaluation form (CIPPE). This form can be downloaded and printed from the East webpage or can be picked up in the Athletic Office. These comprehensive physical forms will now be valid for 1 school year. They will not carry over into another school year. All CIPPE physicals will be good from June 1st, 2015 to May 31st, 2016 of the school year regardless of when the physical is done during the school year.

Again, all appointments for physical examinations must be completed on or after June 1st for the school year to follow that June. For more information about the CIPPE form, you can visit the PIAA website at www.piaa.org. If you would like information as to where one can get a PIAA physical for a reduced cost please contact the WC East athletic office at 484-266-3925.

Due Dates for 2015-2016:

- **Fall Season:** Monday, August 10th (first day of practice – Monday, August 17th)
- **Winter Season:** Wednesday, November 11th (first day of practice – Friday, November 16th)
- **Spring Season:** Wednesday, March 2nd (first day of practice – Monday, March 7th)

**Physical forms typically require one full business day to be processed** by our Athletic Department; therefore, athletes will not be able to participate until one full day after the physical is submitted. Physical forms should be turned in to the Athletic Office.

For Multiple-Sport Athletes – Sections 7 & 8 of the CIPPE:

The comprehensive physical form (CIPPE) is valid for one school year, but a parent or guardian must sign and return Section 7 of the form for athletes who plan on participating in multiple sports. Since the original CIPPE form will have already been turned in to the Athletic Office, parents will need to obtain a copy of Section 7 by either downloading another CIPPE packet or by picking up a copy of Section 7 in the Athletic Office. Section 7 requires that the parent or guardian signs off on whether or not any significant injuries occurred with the athlete during the season that was previously completed.

If a student saw a medical doctor for a sports-related issue during the previous season, then Section 8 will need to be completed and turned in. Section 8 requires that the student see a doctor to re-certify that the student is physically able to participate in athletics. The entire CIPPE packet can be downloaded from the East webpage or can be picked up in the Athletic Office.

If you have any questions, please contact the Athletic Office at 484-266-3925.