WCASD PARENT NIGHT
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Executive Function Basics
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Click here to view the Prezi Presentation.

The 3 Core Executive Function Skills. Click on the links below to view educational videos

1. Working Memory
   Chunking Strategy

2. Inhibitory Control
   The Marshmallow Test
   Mindful Breathing Strategy

3. Cognitive Flexibility
   What happens in the Brain
   Four Strategy

Additional Executive Function Resources can be found by clicking on the links below.

Brain Control Center
Executive Function 101
A Day in the Life of a Child with Executive Function Issues