

October 2024



Middle School Menu

****Please notify staff of any allergy/ingredient concerns****

Meal Price: \$3.20

	MON	TUES	WED	THURS	FRI
	30 Penne Alfredo with Chicken <i>Broccoli</i>	1 Chicken or Cheese Quesadilla <i>Charro Beans</i>	2 Sweet & Sour Chicken <i>Green Beans</i>	3 	4 Grilled Cheese & Tomato Soup
	7  Buffalo Chicken Tenders <i>Sweet Potato Fries</i>	8 Chicken Soft Tacos  <i>Kickin' Beans</i>	9 Country Chicken Bowl <i>Corn</i>	10 French Toast & Turkey Sausage <i>Tater Tots</i>	11 Chicken Bacon Ranch Flatbread <i>Green Beans</i>
	14 Meatball Parmesan Sub <i>Carrots</i>	15 Cheesy Chorizo Enchilada <i>Black Beans</i>	16 Bacon Cheeseburger <i>Waffle Fries</i>	17 Confetti Pancakes & Turkey Sausage <i>Potato Smiles</i>	18 Cheese Pizza-dilla <i>Rainbow Veg</i>
	21 Fish Sticks with Mac & Cheese <i>Peas</i>	22 General Tso's Chicken with Rice <i>Broccoli</i>	23 Pizza Max Sticks <i>Corn</i>	24 Waffles & Turkey Sausage <i>Mixed Veggies</i>	25 Cheesy Baked Ziti <i>Green Beans</i>
	28 Ham & Cheese Pretzel Melt <i>Carrots</i>	29 Beef Nachos <i>Black Beans</i>	30 Orange Chicken with Rice <i>Broccoli</i>	31 Pumpkin Spice Chicken & Waffle Sandwich <i>Tater Tots</i>	1 

Daily 100% Fruit Juices:

Apple, Orange, Grape, Fruit Punch

Daily Milk Choices:

1% White Milk and Skim Chocolate



- DAILY ENTREES**
- ❖ Cheese & Pepperoni Pizza
- ❖ Assorted Deli Subs/Wraps
- ❖ Assorted Salads
- DAILY GRILL OPTIONS**
- ❖ Chicken Patty Sandwiches (*Spicy or Regular*)
- ❖ Burgers (*Beef or Veggie*)
- ❖ Chicken Tenders
- ❖ Veggie Nuggets
- ❖ French Fries or Tater Tots

Cheesy Chorizo Enchilada

