



aramark



# K-8 Breakfast Menu

## October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
30 <b>Apple Frudel</b> Strawberry Cup Choice of Juice Choice of Milk	1 <b>Chocolate Chip Benefit Bar</b> Apple Slices Choice of Juice Choice of Milk	2 <b>Assorted Pop Tarts</b> Diced Peaches Choice of Juice Choice of Milk	3 	4 <b>French Toast Benefit Bar</b> Peach Cup Choice of Juice Choice of Milk
7 <b>Strawberry Nutrigrain Bar</b> Strawberry Cup Choice of Juice Choice of Milk	8 <b>Cinnamon Toast</b> Banana Choice of Juice Choice of Milk	9 <b>Cherry Frudel</b> Mixed Fruit Choice of Juice Choice of Milk	10 <b>Assorted Breakfast Bars</b> Applesauce Choice of Juice Choice of Milk	11 <b>WG Bagel w/ Butter</b> Peach cup Choice of Juice Choice of Milk
14 <b>Apple Frudel</b> Strawberry Cup Choice of Juice Choice of Milk	15 <b>Chocolate Chip Benefit Bar</b> Apple Slices Choice of Juice Choice of Milk	16 <b>Assorted Pop Tarts</b> Diced Peaches Choice of Juice Choice of Milk	17 <b>Assorted Cereal</b> Applesauce Choice of Juice Choice of Milk	18 <b>French Toast Benefit Bar</b> Peach cup Choice of Juice Choice of Milk
21 <b>Strawberry Nutrigrain Bar</b> Strawberry Cup Choice of Juice Choice of Milk	22 <b>Cinnamon Toast</b> Banana Choice of Juice Choice of Milk	23 <b>Cinnamon Swirls</b> Mixed Fruit Choice of Juice Choice of Milk	24 <b>Assorted Breakfast Bars</b> Applesauce Choice of Juice Choice of Milk	25 <b>WG Bagel w/ Butter</b> Peach cup Choice of Juice Choice of Milk
28 <b>Cinnamon Biscuit</b> Strawberry Cup Choice of Juice Choice of Milk	29 <b>Mixed Berry Scone</b> Apple Slices Choice of Juice Choice of Milk	30 <b>Assorted Pop Tarts</b> Diced Peaches Choice of Juice Choice of Milk	31 <b>Assorted Cereal</b> Applesauce Choice of Juice Choice of Milk	1 

\*\*Please notify staff of any allergy/ingredient concerns\*\*

### Daily Breakfast Options:

- Assorted Cereal
- Bagel with Cream Cheese/ Butter
- Assorted Cereal Bars

All grain items served are whole grain.

### Attention Parents:

Manage your students account using **Payschools Central**.

Visit the WCASD Food Service page for more details.

### Daily 100% Fruit Juice

**Choices:** Apple, Grape, Fruit Blend, Orange

### Daily Milk Choices:

Skim Chocolate, 1% White