

# K-8 Breakfast Menu

## February 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Strawberry Nutrigrain Bar</b> <sup>29</sup> Strawberry Cup, Choice of Juice, Choice of Milk	<b>Chocolate Filled Crescent</b> <sup>30</sup> Apple Slices, Choice of Juice, Choice of Milk	<b>Egg &amp; Cheese Bagel</b> <sup>31</sup> Diced Peaches, Choice of Juice Choice of Milk	<b>Assorted Breakfast Bars</b> <sup>1</sup> Applesauce, Choice of Juice Choice of Milk	<b>Pancake Bites</b> <sup>2</sup> Mixed Berries, Choice of Juice, Choice of Milk
<b>Apple Frudel</b> <sup>5</sup> Strawberry Cup, Choice of Juice Choice of Milk	<b>French Toast Benefit Bar</b> <sup>6</sup> Mixed Fruit, Choice of Juice Choice of Milk	<b>Egg &amp; Cheese Bagel</b> <sup>7</sup> Diced Pears, Choice of Juice Choice of Milk	<b>Assorted Cereal</b> <sup>11</sup> Applesauce, Choice of Juice Choice of Milk	<b>WG Bagel w/ Butter</b> <sup>12</sup> Mixed Berries, Choice of Juice Choice of Milk
<b>Cinnamon Biscuit</b> <sup>12</sup> Strawberry Cup, Choice of Juice Choice of Milk	<b>Cinnamon Toast</b> <sup>16</sup> Apple Slices, Choice of Juice Choice of Milk	<b>Egg &amp; Cheese Bagel</b> <sup>17</sup> Diced Peaches, Choice of Juice Choice of Milk	<b>Assorted Breakfast Bars</b> <sup>18</sup> Applesauce, Choice of Juice Choice of Milk	<b>WG Cocoa Puff Cereal Bar</b> <sup>19</sup> Mixed Berries, Choice of Juice Choice of Milk
 <sup>19</sup>	<b>Mixed Berry Scone</b> <sup>23</sup> Mixed Fruit, Choice of Juice, Choice of Milk	<b>Egg &amp; Cheese Bagel</b> <sup>24</sup> Diced Pears, Choice of Juice Choice of Milk	<b>Assorted Cereal</b> <sup>25</sup> Applesauce, Choice of Juice, Choice of Milk	<b>Apple Frudel</b> <sup>26</sup> Mixed Berries, Choice of Juice, Choice of Milk
<b>Strawberry Nutrigrain Bar</b> <sup>26</sup> Strawberry Cup, Choice of Juice, Choice of Milk	<b>Chocolate Filled Crescent</b> <sup>27</sup> Apple Slices, Choice of Juice, Choice of Milk	<b>Egg &amp; Cheese Bagel</b> <sup>28</sup> Diced Peaches, Choice of Juice Choice of Milk	<b>Assorted Breakfast Bars</b> <sup>29</sup> Applesauce, Choice of Juice, Choice of Milk	<b>WG Bagel w/ Butter</b> <sup>1</sup> Mixed Berries, Choice of Juice, Choice of Milk

### Daily Breakfast Options:

- \* Assorted Cereal
  - \* Bagel with Cream Cheese/ Butter
  - \* Assorted Cereal Bars
- All grain items served are whole grain*

### ATTENTION PARENTS:

Manage your student's lunch account using  
[PaySchools Central](#).  
 Visit the WCASD Food Service page for more details

Daily 100% Fruit Juice Choices:  
 Apple, Grape,  
 Fruit Blend, Orange

Daily Milk Choices: Skim Choc-  
 olate, 1% White Milk