



Welcome to WC East & WC East Athletics A Quick Facts Guide to Getting



WELCOME TO WC EAST ATHLETICS – HOME OF THE VIKINGS

The following is a list of information that you should know if you are going to be involved in our Sports Program. Hopefully, this communication will answer any questions that you may have. However, if you have any additional questions, please feel free to call the **Athletic Office at 484-266-3925**.

MISSION

The mission of the West Chester Area School District, a diverse community rich in heritage, is to educate all students to achieve their personal best, be responsible, contributing citizens and become life-long learners by inspiring each student through challenging curriculum, varied opportunities, effective teaching, respect for diversity, nurturing and caring staff, and involved families and community.

PHILOSOPHY

The primary purpose of the extra-curricular program in the West Chester Area School District is to promote the physical, social, emotional, intellectual, and moral well-being of the participants. The extra-curricular program is an important and integral part of the total school program and is open to participation by all students regardless of individual differences.

Through voluntary participation, students give time, energy, and loyalty to their extra-curricular program. They also accept the rules, regulations and responsibilities that are unique to the program. In order to contribute to the welfare of the group, each student must willingly assume these obligations because the role of a participant demands that the individual make sacrifices not required of others. Emphasis will be placed on respect, trustworthiness, responsibility, and citizenship in hopes that all participants in our extra-curricular activities will be a positive force in preparing youth for an enriching and vital role in American life.

STEPS TO PARTICIPATE IN THE ATHLETIC PROGRAM AT WC EAST

- ◇ The PIAA and the WCASD require that each student-athlete have a physical yearly. Obtain a physical from your doctor and have your parents/guardian fill out the PIAA Comprehensive Physical Packet and consent form. Physicals must be dated June 1st or later, and all PIAA physicals expire on May 31st of the current school year. The physical packet can be picked up at the school or downloaded from the website. <https://www.wcasd.net/ehsathletics>
- ◇ Physicals must be dated June 1, 2015, or later to be valid for the 2015-2016 school year.
Fall sports season starts 8/17/15
Winter sports season starts 11/16/15
Spring sports season starts 3/7/16
A student **may not practice** without a valid physical or recertification form on file in the athletic office.
- ◇ All physical forms must be turned into the athletic office one week prior to the start of the season. If the physical is complete the athletic office will add your name to eligible participants for that sport. If it is incomplete, you will be notified of what is outstanding. There will be a delay in your participating if the physical packet is turned in with less than a week until the start.

- ◇ For each successive season you wish to participate in a sport at WC East, you must declare your intent/interest to the athletic office. You will be required to fill out a PIAA recertification form and turn it in before the start of the season. <https://www.wcasd.net/ehsathletics>
- ◇ If you intend to participate in a WC East interscholastic sport in which the squad is limited in size, you should consider the following information in advance of the try-out. Although WC East strives to provide the widest array of opportunities for students, we are sometimes required to limit the size of the squads due to a variety of factors. It is possible that you may not make the team:
 - If you are not selected for the team on which you wish to play, you may wish to take any & all of the following steps:
 - Speak to the coach of the team about other opportunities to work within the program, be it as a manager, statistician, videographer, etc. that may be available.
 - Immediately contact the Head Coach of any other program within the season that does not have squad limitations. Speak to the coach about your interest in participating.
 - Speak to the Athletic Director to seek advice or solicit information on to 60 different extra-curricular activities available within WC East.
 - Consider advancing your skill in any sport of your interest through participation in township, park, local, or club activities.
- ◇ The West Chester Area School District has a tradition of offering high-quality extra-curricular programs for its students. In this time of budget challenges, our goal is to continue that tradition. However, it is our belief that the growing costs associated with these activities should be offset to some extent by student participants and their families. The activity fee takes all stakeholder interests into consideration, and is designed to be as fair and equitable as possible. As a result, fees are set at levels that will not discourage participation, within a structure that represents underlying costs and the fee policies of surrounding districts , while also taking into account other support provided by booster organizations.

Definitions:

Activity Fee.....a fee charged to supplement the expenses associated with providing extracurricular opportunities for students.

Funded Activities/Sports.....those extracurricular activities that are supported by paid coaches or advisors.

Family Fee Cap.....a maximum limit placed on the amount of fees a student and/or family has to pay to participate in extracurricular activities. In the WCASD, the family cap is \$200.

Service Activities.....those activities that involve students performing a service to the school or student body. Examples of service activities include the following: Safety Patrol (elementary), Yearbook (middle and high school), Student Government (middle and high school), Class Officers 9th through 12th grades, and National Honor Society. More information on the Activity fee can be found on the district website: <https://www.wcasd.net/activityfee>

WC EAST ATHLETIC DEPARTMENT

The WC East athletic department oversees twenty-three individual interscholastic sport programs for a total of fifty-three sport teams and seventy-eight paid coaches. The athletic department is also responsible for the array of clubs, activities and intramurals offered. We run an Activity Fair in mid-September to introduce all extra-curricular activities to the student body.

WC EAST ATHLETIC TEAMS & CONTACT INFORMATION

FALL SPORTS	HEAD COACH	CONTACT EMAIL username @wcasd.net	SQUAD LIMITATIONS
Cross Country – Boys	Kareem Lanier	kareemlani@hotmail.com	No
Cross Country – Girls	Anthony Prinzo	aprinzo	No
Field Hockey **			Yes
Football **	Scott Stephen	sstephen	No
Golf – Boys & Girls	Brian Busby	bbusby	Yes
Soccer – Boys **	Charlie Dodds		Yes
Soccer – Girls **	Shannon Mueller	smueller	Yes
Tennis – Girls	Anthony Santonastaso	anthonysantonastaso@hotmail.com	Yes
Volleyball	Erin Flynn	eflynn	Yes
WINTER SPORTS			
Basketball – Boys **	Tom Durant		Yes
Basketball – Girls	Erin Listrani	elistrani	Yes
Swimming & Diving B & G	Beth Ann Carozza	bcarozza	No
Indoor Track – Boys	Kareem Lanier	kareemlani@hotmail.com	No
Indoor Track – Girls	Scott Stephen	sstephen	No
Wrestling	John Gallo	jgallo	No
SPRING SPORTS			
Baseball **			Yes
Lacrosse – Boys	Jim Schorn	wceboyslax@gmail.com	No
Lacrosse – Girls **	Erica Oberholtzer	eoberholtzer	Yes
Softball	Bobby Swier	rswier	Yes
Tennis – Boys	Anthony Santonastaso	anthonysantonastaso@hotmail.com	Yes
Track & Field - Boys	Scott Stephen	sstephen	No
Track & Field – Girls	Doug Costin	dcostin	No

** - Signifies a separate Freshman or JVB team

EXTRA-CURRICULAR CODE OF CONDUCT

The Extra-Curricular Code of Conduct applies to all students who participate in voluntary, school-sponsored activities that are not a requirement of an academic class. The Code of Conduct seeks to foster the health,

safety and welfare of the participants and requires high standards of conduct and citizenship in order to sustain a sound extracurricular program. The Code of Conduct seeks to prevent and deter the use of tobacco products, alcohol, controlled substances, other illegal mood –altering and/or enhancing drugs and chemicals, or any substance used to obtain an altered mental state. Every student-athlete will receive the WC East Extracurricular Code of Conduct in their handbook. It is very important that all coaches and student-athletes represent W.C. East and the West Chester community in a positive way. It is my belief that as coaches and student-athletes you must exemplify the highest moral character, behavior, leadership and accept the responsibility and the privilege of representing our school/community. You can view this online - https://www.wcasd.net/cms/lib/PA02203541/Centricity/Domain/6125/Code_of_Conduct_Activities_Final.pdf

ACADEMIC ELIGIBILITY & ITS EFFECT ON PARTICIPATION IN WC EAST ACTIVITIES

Academic eligibility for all extra-curricular activities is based on the premise that academic performance is the keystone of a high school education and the standard against which participation is measured.

ELIGIBILITY REQUIREMENTS:

1. To be eligible for extra-curricular activities, a student must be enrolled as a full-time student in the West Chester Area School District, a legal home school student or a charter school student of the West Chester Area School District.
2. Eligibility shall be cumulative from the beginning of a grading period and shall be reported on a weekly basis.
3. A student-athlete must comply with the PIAA Rule that requires a student be passing a minimum of four (4) full credit subjects in order to participate in the athletic program.
4. A student must make adequate academic progress in compliance with this Code in order to maintain eligibility to participate in extra-curricular activities.

A student failing two or more classes within the week will be academically ineligible until they are again passing those courses. A student who fails two classes for the marking period will be ineligible for fifteen school days, they will not be able to participate until after this time.

INSURANCE

Each student received a booklet the first week of practice explain the WCASD insurance. All WCASD athletes & band members are covered by this secondary insurance. The insurance policy of the school district is a secondary policy, which means it will cover expenses incurred from the treatment of injuries after your primary insurance is utilized.

TARDY & EARLY DISMISSALS

The WCASD policy is that in order for a student to participate in any athletic contest, he or she must be present in school the day of that contest by 8:30 am. If an athlete needs to have an early dismissal for any reason, he or she is expected to return at a reasonable time. If the athlete does not expect to return, he or she must receive prior permission from the administration or the athletic office in order to play that day.

TRAVEL

All student-athletes are expected to ride the team bus to and from all school sponsored athletic events. If a student needs to ride with his/her parent(s) from a game, submit written notification to the athletic office, by 11:00 am on the game day stating that you are taking their child home. We don't allow any student-athlete to ride home with anyone but his/her parent(s).

GAME/SCHEDULE CHANGES

Information regarding game/schedule changes will be posted on the League Minder website - <http://46870.digitalsports.com/> This website also gives parents the opportunity to sign up for e-mail notification. When a game is changed, the website is updated immediately and an e-mail is sent to everyone on the notification list. Most athletic changes do not occur until after 1:00 pm.

STADIUM COMPLEX/TURF – RULES & REGULATIONS

The playing surface has been equipped with “Sprint Turf”. This is a synthetic surface that requires little maintenance. However, there are some regulations that must be observed to preserve this surface for years to

come. Following regulations are listed below:

- a. Footwear should be restricted to molded cleats (maximum height of ½”), turf shoes, or other soled athletic shoes (cross trainers or running shoes)
- b. No Chewing Gum
- c. No Cigarettes
- d. No Soda
- e. **No Sunflower Seeds**
- f. **GATORADE & SPORT DRINKS ARE PERMITTED INSIDE STADIUM COMPLEX, AS LONG AS THEY ARE NOT RED IN COLOR**

PARTICIPATION IN ATHLETICS FOLLOWING HIGH SCHOOL: COLLEGE RECRUITING

The college recruiting process can be complex & should begin by taking the following steps:

- ◇ Read the brochure entitled **Guide for College Bound athlete** and other materials.
http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp
- ◇ Consult the NCAA to determine how NCAA rules, obligations & standards may apply to you. You can learn more about the NCAA & recruiting regulations at the www.eligibilitycenter.org
- ◇ Determine through examination of your own transcript which institutions of higher learning meet your academic profile. Seek support and information from your guidance Counselor here at WC East.
- ◇ Contact the Head coach of your sport to determine what additional steps you should be taking to learn more about intercollegiate athletics & the recruiting process in your sport.

YOU CAN ACCESS WC EAST HIGH SCHOOL ATHLETICS BY:

Type in or click on this link <https://www.wcasd.net/ehsathletics> to reach the main Athletics Web page. From here you can access the following:

- ◇ All athletic forms
- ◇ Booster websites
- ◇ Athletic schedules
- ◇ Athletic information
- ◇ Contact information for the athletic department

Type in or click on this link <http://46870.digitalsports.com/> to reach the athletic scheduling pages.

- ◇ See schedules by team and level
- ◇ Sign-up for real-time notification of changes in the schedule sent to you via email
- ◇ Search any specific day during the school year for athletic events
- ◇ Directions to away contests

ASSOCIATIONS

WC East is a paid member to the PIAA and runs its interscholastic athletic programs in conjunction with the PIAA By-Laws. www.piaa.org. We are a charter member of the National Federation of high School (NFHS). <http://www.nfhs.org/>

WC East competes in the District One of the PIAA’s 12 Districts. <http://district-one.net/>. WC East is a member

of the Ches-Mont league, which has thirteen members and two divisions. WC East is in the National division of the Ches-Mont League.

FIELD SITES

