



Career & College Portfolio Student Checklist

The 8 required Career Activity Reflections (CARs) will help you discover the best path for your post secondary (after high school) plans! The opportunity to Choose Your Own activity, will help you pick activities that are best for you. Your counselor will review your portfolio with you to help you plan and reach your individual goals.

- Use this checklist to plan out how to complete your CARs.
- Students will complete at least two activities in 9th, 10th and 11th grades.
- Students must complete eight total activities by the end of junior year.
- Four activities are completed with your school counselor and four activities are student choice.

9TH GRADE

- Career and Graduation Plan – with counselor
- Freshman Conf with counselor -- with counselor
- CHOOSE YOUR OWN
- CHOOSE YOUR OWN

Total completed by end of 9th grade: ____



10TH GRADE

- Career Research Project – with counselor
- CHOOSE YOUR OWN
- CHOOSE YOUR OWN
-

Total completed by end of 10th grade: ____

11TH GRADE

- Junior Conference with counselor- with counselor
- CHOOSE YOUR OWN
- CHOOSE YOUR OWN
-

Total completed by end of 11th grade: ____

Total completed: 8 required

CHOOSE YOUR OWN

- Group Project Reflection
- Industry Professional Live Chat Reflection
- Interview Reflection
- Mock Interview Reflection
- Road Trip Nation Reflection
- Skills for Success Reflection
- TCHS Shadow Day Reflection
- Career Day Reflection
- Job Skill Video
- AchieveWorks Personality Reflection
- Other (i.e. classroom assignment)

Choose Your Own!

You can choose four activities to complete on your own. There are several examples listed above. You can find information and directions about Choose Your Own activities in your Naviance account. **Document Resources** found on your Naviance homepage will connect you with directions and documents to complete and upload to your Naviance account. Directions for uploading documents to Naviance can be found [here](#) and [here](#)!