

# Personal Choice

PC 320



## West Chester Area School District - Teachers

Personal Choice® our popular Preferred Provider Organization (PPO), gives you freedom of choice by allowing you to choose your own doctors and hospitals. You can maximize your coverage by accessing your care through Personal Choice's network of hospitals, doctors, and specialists, or by accessing care through preferred providers that participate in the BlueCard® PPO program. Of course, with Personal Choice, you have the freedom to select providers who do not participate in the Personal Choice network or BlueCard PPO program. However, if you receive services from out-of-network providers, you will have higher out-of-pocket costs and may have to submit your claim for reimbursement.

With Personal Choice...

- You do not need to enroll with a primary care physician
- You never need a referral

Benefit	In-network	Out-of-network <sup>1</sup>
<b>BENEFIT PERIOD</b>	Contract Year*	Contract Year*
<b>DEDUCTIBLE</b>		
Individual	\$300	\$750
Family	\$600	\$1,500
<b>AFTER DEDUCTIBLE, PLAN PAYS</b>	90%	70%
<b>OUT-OF-POCKET MAXIMUM**</b>		
Individual	\$2,300	\$3,000
Family	\$4,600	\$6,000
<b>LIFETIME MAXIMUM</b>	Unlimited	Unlimited
<b>DOCTOR'S OFFICE VISITS</b>		
Primary care services	\$20 copayment, no deductible	70%, after deductible
Specialist services	\$20 copayment, no deductible	70%, after deductible
<b>PREVENTIVE CARE FOR ADULTS AND CHILDREN</b>	100%, no deductible	70%, no deductible
<b>PEDIATRIC IMMUNIZATIONS</b>	100% (office visit copayment does not apply), no deductible	70%, no deductible
<b>ROUTINE GYNECOLOGICAL EXAM/PAP</b> <i>1 per year for women of any age<sup>3</sup></i>	100%, no deductible	70%, no deductible

1 Non-Preferred Providers may bill you for differences between the Plan allowance, which is the amount paid by Independence Blue Cross (IBC), and the actual charge of the provider. This amount may be significant. Claims payments for Non-Preferred Professional Providers (physicians) are based on the lesser of the Medicare Professional Allowable Payment or the actual charge of the provider. For covered services that are not recognized or reimbursed by Medicare, payment is based on the lesser of the Independence Blue Cross (IBC) applicable proprietary fee schedule or the actual charge of the provider. For covered services not recognized or reimbursed by Medicare or IBC's fee schedule, the payment is based on 50% of the actual charge of the provider. It is important to note that all percentages for out-of-network services are percentages of the Plan allowance, not the actual charge of the provider.

3 Combined in/out-of-network

\* A contract year benefit period begins on July 1 and ends on June 30. The deductible and out-of-pocket maximum amount start at \$0 at the beginning of each contract year on July 1.

\*\* The in-network out-of-pocket maximum includes the copayments, coinsurance and deductible. The out-of-network out-of-pocket maximum includes coinsurance only.

The benefits may be changed by IBC to comply with applicable federal/state laws and regulations.



Benefits underwritten or administered by QCC Insurance Company, a subsidiary of Independence Blue Cross-independent licensees of the Blue Cross and Blue Shield Association.

[www.ibx.com](http://www.ibx.com)

Benefit	In-network	Out-of-network <sup>1</sup>
<b>MAMMOGRAM</b>	100%, no deductible	70%, no deductible
<b>NUTRITION COUNSELING FOR WEIGHT MANAGEMENT</b> <i>6 visits per year</i>	100%, no deductible	70%, after deductible
<b>ALLERGY INJECTIONS</b> <i>(Office visit copayment waived if no office visit is charged)</i>	100%, no deductible	70%, after deductible
<b>MATERNITY</b>		
First OB visit	\$20 copayment, no deductible	70%, after deductible
Hospital	90%, after deductible	70%, after deductible <sup>4</sup>
<b>INPATIENT HOSPITAL SERVICES</b>		
Facility	90%, after deductible	70%, after deductible <sup>4</sup>
Physician/Surgeon	90%, after deductible	70%, after deductible
<b>INPATIENT HOSPITAL DAYS</b>	Unlimited	70 <sup>4</sup>
<b>OUTPATIENT SURGERY</b>		
Facility	90%, after deductible	70%, after deductible
Physician/Surgeon	90%, after deductible	70%, after deductible
<b>EMERGENCY ROOM</b>	\$40 copayment, no deductible (copayment waived if admitted)	\$40 copayment, no deductible (copayment waived if admitted)
<b>URGENT CARE CENTER</b>	\$28 copayment	70%, after deductible
<b>AMBULANCE</b>		
Emergency	100% after deductible	100% after deductible
Non-emergency	90%, after deductible	70%, after deductible
<b>OUTPATIENT LABORATORY/PATHOLOGY</b>	100%, no deductible	70%, after deductible
<b>OUTPATIENT X-RAY/RADIOLOGY</b>	90%, after deductible	70%, after deductible
<b>THERAPY SERVICES</b>		
Physical, speech and occupational	\$20 copayment, no deductible	70%, after deductible
Cardiac rehabilitation <i>36 visits per year</i>	\$20 copayment, no deductible	70%, after deductible
Pulmonary rehabilitation <i>12 visits per year<sup>3</sup></i>	\$20 copayment, no deductible	70%, after deductible
Orthoptic/pleoptic <i>8 sessions lifetime maximum<sup>3</sup></i>	\$20 copayment, no deductible	70%, after deductible
<b>RESTORATIVE SERVICES, INCLUDING CHIROPRACTIC CARE</b>	\$20 copayment, no deductible	70%, after deductible
<b>CHEMO/RADIATION/DIALYSIS</b>	90%, after deductible	70%, after deductible
<b>OUTPATIENT PRIVATE DUTY NURSING</b>	90%, after deductible	70%, after deductible
<b>SKILLED NURSING FACILITY</b>	90%, after deductible	70%, after deductible
<b>HOSPICE AND HOME HEALTH CARE</b>	90%, after deductible	70%, after deductible
<b>DURABLE MEDICAL EQUIPMENT AND PROSTHETICS</b>	90%, after deductible	70%, after deductible
<b>OUTPATIENT DIABETIC EDUCATION</b>	100%, no deductible	Not covered
<b>MENTAL HEALTH CARE</b>		
Outpatient	\$20 copayment, no deductible	70%, after deductible
Inpatient	90%, after deductible	70%, after deductible <sup>4</sup>

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3 Combined in/out-of-network

4 Inpatient hospital day limit combined for all out-of-network inpatient medical, maternity, mental health, serious mental illness and substance abuse services.

The benefits may be changed by IBC to comply with applicable federal/state laws and regulations.

Benefit	In-network	Out-of-network <sup>1</sup>
<b>SERIOUS MENTAL ILLNESS CARE</b>		
Outpatient	\$20 copayment, no deductible	70%, after deductible
Inpatient	90%, after deductible	70%, after deductible <sup>4</sup>
<b>SUBSTANCE ABUSE TREATMENT</b>		
Outpatient/Partial facility visits	\$20 copayment, no deductible	70%, after deductible
Rehabilitation	90%, after deductible	70%, after deductible <sup>4</sup>
Detoxification	90%, after deductible	70%, after deductible <sup>4</sup>

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### What is not covered?

- services not medically necessary
- services not billed and performed by a provider properly licensed and qualified to render the medically necessary treatment, service, or supply
- cosmetic services/supplies
- routine foot care
- supportive devices for the foot (orthotics), except for podiatric appliances for the prevention of complications associated with diabetes
- dental care, including dental implants, and nonsurgical treatment of temporomandibular joint syndrome (TMJ)
- vision care (except as specified in a group contract)
- military or occupational injuries or illness
- benefits payable by the government, Medicare, or through motor vehicle insurance
- assisted fertilization techniques such as, but not limited to, in-vitro fertilization, artificial insemination, GIFT, ZIFT
- charges in excess of benefit maximums or allowable charges as set forth in the group contract
- services or supplies that are experimental or investigative except routine costs associated with clinical trials
- inpatient private-duty nursing
- alternative therapies/complementary medicine
- hearing aids, hearing examinations/tests for the prescription/fitting of hearing aids, and cochlear electromagnetic hearing devices
- immunizations required for employment or travel
- self-injectable drugs

This summary represents only a partial listing of the benefits and exclusions of the Personal Choice program described in this summary. If your employer purchases another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. This managed care plan may not cover all of your health care expenses. Read your benefits booklet for a complete listing of the terms, limitations, and exclusions of the program. If you need more information, please call 1-800-ASK-BLUE (1-800-275-2583).



Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <http://www.ibx.com/preapproval> or call the phone number that is listed on the back of your identification card.