

Track

Updated 4/2/8

Order of Events

Long Jump

High Jump

Shot Put

Discus

Open- 100 M Hurdles

Open- Mile Run

90—100 M Sprint

105—100 M Sprint

120—100 M Sprint

Open—100 M Sprint

90—400 M Relay

105—400 M Relay

120—400 M Relay

Open—400 M Relay

Under 105—400 M Run

Over 105—400 M Run

Under 105—200 M Run

Over 105—200 M Run

Open—800 M Run

Under 105—800 M Relay

Over 105—800 M Relay