



**EATING DISORDER
THERAPY GROUP
THURSDAYS BEGINNING
MARCH 22, 2018
3:30 – 4:30PM**

Join us for a weekly group focused on recovery.

All 18+ with the shared experience of an eating disorder are welcome to join us for this group. The group will focus on different topics related to recovery, including learning new coping skills, improving self-esteem and body image, managing relationships, and getting support in a therapeutic environment.

Ages 18 and up

**\$10 per group
(\$5 for WCU
Students)**

**If you'd like to
join, please call
for a phone
screening**

(610) 436-2510

**WCU
COMMUNITY
MENTAL
HEALTH
SERVICES**

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