

WCASD Preschool Parents Group

Treehouse Yoga



When: Thursday May 4, 2023 from 5:00pm—6:00pm

Where: Hillsdale Elementary School

725 W Market Street , West Chester, PA 19382

Registration Required. Max # of Participants: 20

While the practice of yoga has been popular with adults in America for decades, the incorporation of yoga practices for children has only just begun to grow in popularity. Kids yoga offers many of the same benefits as adult yoga but is broken down in a way that kids can play and engage with the practice in a fun and age-appropriate way.

Please RSVP by visiting www.wcasd.net. Click on Community and then select Preschool Parents Group. Questions?

**Please contact Dr. Sara Missett, WCASD Dir. of Elem Ed.
smissett@wcasd.net or 484-266-1070**